	5.1.2					
Year	Name of the capacity development and skills enhancement program	Period (from date - to date)	Number of students enrolled	Name of the agencies/experts involved with contact details (if any)		
		1. Sof	t skills			
2021-22	Soft Skills, Communication Skill, Presentation Skill, Interview Skill	07/02/2022 to 24/02/2022	112	Mahindra Pride Classroom (info@naandi.org)		
2022-23	Personality Development, stress management, Attitude, Voice scanning & Voice modulation, Creativity & Critical Thinking, Decision making, Presentation, debate, Interview techniques, CV/Resume writing, Reports & meeting minutes	06/09/2022 to 08/12/2022	276	Teachers of Raja Peary Mohan College Kalapi Sen (sen.kalapi@gmail.com), Tania Khatun (info.taniakhatun15@gmail.com), Parna Banerjee (parna. banerjee@yahoo.in), Arup Malik (arupmsrkav@gmail.com), Manisha Bhattacharya (manishabhr.bhattacharya@gmail.com), Avik Kumar Basu (avik08ju@gmail.com), Abu Saleh (abusalehenglish@gmail.com), Debasish Naskar (deba05061@gmail.com), Pinaki De (pinakide@gmail.com), Indrajit Mondal (indrajit.art@gmail.com), Arup Banik (banikarup2016@gmail.com)		
2022-23	Notice writing, Letters & Email, Body language & Social Etiquettes, Time management, Listening, speaking, reading & writing, Introspection, Mind mapping & Problem solving	04/04/2023 to 08/05/2023	389	Mr. Pritimoy Das, Entreprenuer, Zero Degree Latitude (hello@zerodegreelatitude.com)		
2. Language and Communication Skills						
2021- 2022	Communicative and Interactive Business English (CIBE)	16 th April 2022 to 30 th June 2022	117	Department of English, Raja Peary Mohan College		
2021- 2022	Spoken Sanskrit	19 th April 2022 to 29 th April 2022	95	Sanskrita Bharati Dakshin Banga and Department Sanskrit, Raja Peary Mohan College		

2022- 2023	Communicative and Interactive Business English (CIBE)	2 nd May to 26 th June	18	Department of English Raja Peary Mohan College
2022- 2023	Spoken Sanskrit	27 th March to 2th April	76	Sanskrita Bharati Dakshin Banga and Department Sanskrit, Raja Peary Mohan College
		3. Life	e Skills	
2019- 2020	Yoga workshop: Importance of Yoga for Wellbeing in Modern Lifestyle	14.03.2020	84	Expert: Mr.Soumenranath, Visiting lecturer, Dept. of Sports and Yoga, Belur Math, Ramkrishna Mission and Vivekananda Educational and Research Institute and Health Unit, RPMC in collaboration with IQAC
2019- 2020	Webinar: Yoga for Wellbeing	21.04.2020	111	Sri MrinmoyMaharaj, Ram Kroshna Mission, Belur Math
2019- 2020	Video Tutorial: Yoga for Mental and Physical Well Being	24.04.2020	All Students of RPMC	Prof. Soumendranath Manna, Provat Kumar Mahavidyalaya and visiting faculty at Dept of Sports Science and Yoga, Ramakrishna Mission Vivekananda Educational and Research Institute and Health Unit, RPMC
2020- 2021	Video Upload: Celebration of International Yoga Day	21.06.2021	All Students, Teaching and Non- teaching Staff of RPMC	https://www.youtube.com/watch?v=vH2395Iv <u>DXI</u>
2021- 2022	Workshop: Yoga Training Programme	09.04.2022	26	Prof. Soumendranath Manna, Visiting Faculty, Dept. o Sports Science and Yoga, Ramakrishna Mission Vivekananda Educational and Research Institute
2021-22	Celebration of International Yoga Day (IDY 2022)	21.06.2022	45	Ms. Puja Chatterjee, Yoga Instructor
2022- 2023	Workshop on Fitness	16.12.2022	161	Ms. Puja Chatterjee

2022- 2023	Celebration of International Yoga Day	21.06.2023	Community work with orphan children	Health Unit, RPMC at Sivashram, Uttarpara
2018- 2019	Awareness programme on Dengue and Chikungunya	28.03.2019	147	Dr. Sankar Nath Jha
2019- 2020	Awareness Programme on polycystic ovarian syndrome	11.12.2019	116	Dr. Pratip Kumar Chakravorty, Senior Scientist, Institute of Reproductive Medicine
2019- 2020	Poster session and awareness programme on COVID-19	07.03.2020	All the students of RPMC	Health Unit, RPMC
2019- 2020	An interview with the Advisor, WHO, Southeast Asia to spread awareness on COVID 19	26-04-2020	All the students of RPMC	Dr. Sayantan Banerjee
2019-	"The importance of mask in		All Students of	https://www.youtube.com/watch?v=Q5S5v9xTTO
2020	post-COVID era"	26.05.2020	RPMC; Viewers: 69	k&t=122s
	1		· · · · · · · · · · · · · · · · · · ·	
2019-	Power Point Presentation on	29-05-2020	All Students of	https://www.website.rpmcollege.edu.in/uploads/56
2020	"Post-lockdown Precautions"	27-03-2020	RPMC	post-lockdown-precautions1.pdf
2020- 2021	Online question-answer session: "Alochonachakra 1" on COVID 19	23.07.2020	136	Dr. Debasish Mondal, MBBS, MS (Eye), Head, Department of Ophthalmology, District Hospital, Howrah https://www.youtube.com/watch?v=7wjF8VgTJn Q&t=1270s
2020- 2021	Online question-answer session: "Alochonachakra 2" – "Humour in the time of Corona"	08.08.2020	375	Dr. Tanvir Reza, Respiratory Therapy Specialist, Tuberculosis and Chest diseases Specialist, Pulmonologist https://www.youtube.com/watch?v=OzoI8RDkwj0
2020- 2021	Online question-answer session: "Alochonachakra 3" — "Sanitization and maintenance	16.01.2021	184	Dr. Nilanjan Dastidar, Chief Medical Officer, Dept of Health, Malda, West Bengal

	of Health"			https://www.youtube.com/watch?v=km_0- Qi0qoU&t=24s
2020- 2021	Regular work during pandemic to fight against COVID 19	20.01.2021 – 30.03.2021	All the students, teaching and non- teaching staff of RPMC	Raja Peary Mohan College
2020- 2021	Online survey followed by an online awareness programme – "An Awareness programme on personal hygiene"	30.06.2021	Survey: 51 students, Webinar: 53 students	Dr. Aparna Khan, Associate Professor, Dept. of Gynecology and Obstetrics, R. G. Kar Medical College and Hospital, Kolkata
2020- 2021	COVID Vaccination Camp	04.10-2021	153	Department of Health and Family Welfare, Govt. of West Bengal, in collaboration with the Higher Education Department, Government of West Bengal
2021- 2022	Maintenance of COVID protocol during preparation of college reopening after lockdown and offline classes	November 2021 - June 2022	All the students, teaching and non- teaching staff of RPMC	Raja Peary Mohan College
2021- 2022	Distribution of Masks and Sanitizers in the locality	23.01.2022		Health Unit, RPMC in collaboration with NSS, RPMC
2021- 2022	Workshop on Fitness organized - "Fitness in the post-COVID Era"	15.03.2022	120	Mr. Arup Biswas, Consultant Physiotherapist, Howrah District Hospital
2021- 2022	First-Aid Training programme	27.05.2022	103	IQAC, RPMC and Red Cross Society of India
2022- 2023	Two Days' Awareness Programme on Nutrition	13.09.2022 - 14.09.2022	89	Dept. of Physiology
2022- 2023	Thalassemia Awareness and Screening Camp	02.12.2022	121	Calcutta School of Tropical Medicine

2022- 2023	Free Health Checkup and blood Donation Camp	31.03.2023	Health Check-up: 135 Blood Donation: 60	Students' Union (RPMC), Lions' Club, Kothari Medical Centre and Narayana Hospital
2022- 2023	Celebration of World Health Day	06.04.2023	105	Health Unit, RPMC
2022- 2023	Thalassemia Screening Camp	12.05.2023	193	Calcutta School of Tropical Medicine
2018- 2019	Individual Counselling Session-	01.04.19	16	Mrs.Anindita Mukherjee
2018- 2019	Individual Counselling Session-	08.04.19	6	Mrs.Anindita Mukherjee
2018- 2019	Individual Counselling Session-	16.04.19	8	Mrs.Anindita Mukherjee
2018- 2019	Individual Counselling Session-	22.04.19	14	Mrs.Anindita Mukherjee
2019- 2020	Individual Counselling Session- 5	13.08.19	5	Mrs.Anindita Mukherjee
2019- 2020	Individual Counselling Session-	26.08.19	6	Mrs.Anindita Mukherjee
2019- 2020	Individual Counselling Session-	09.09.19	7	Mrs.Anindita Mukherjee
2019- 2020	Individual Counselling Session-8	16.09.19	7	Mrs.Anindita Mukherjee
2019- 2020	Individual Counselling Session- 9	19.09.19	10	Mrs.Anindita Mukherjee
2019- 2020	Individual Counselling Session- 10	23.09.19	10	Mrs.Anindita Mukherjee
2020- 2021	Group Counselling for Mental Well-Being (Online)	23.01.21	Teacher: 11, Student: 153	Mrs. Anindita Mukherjee
2020- 2021	Individual Counselling Session- 1 (Online)	22.02.21	6	Mrs. Anindita Mukherjee

2020- 2021	Individual Counselling Session- 2 (Online)	22.04.21	6	Mrs. Anindita Mukherjee
2020- 2021	Individual Counselling Session- 3(Online)	29.04.21	7	Mrs. Anindita Mukherjee
2020- 2021	Individual Counselling Session- 4(Online)	06.05.21	5	Mrs. Anindita Mukherjee
2020- 2021	Individual Counselling Session-5(Online)	10.06.21	5	Mrs. Anindita Mukherjee
2021- 2022	Individual Counselling Session-6(Online)	24.06.21	6	Mrs. Anindita Mukherjee
2021- 2022	Individual Counselling Session-7(Online)	01.07.21	4	Mrs. Anindita Mukherjee
2021- 2022	Group Counselling for Mental Well-Being(Online)	23.01.21	Teacher Participants - 11, Student Participants - 153	Mrs. Anindita Mukherjee
2021- 2022	Individual Counselling Session- 1(Online)	22.02.21	6	Mrs. Anindita Mukherjee
2021- 2022	Seminar Mental Well-Being A Key to happiness	28.03.22	Teacher Participants - 39, Student Participants - 282	Mrs. Anindita Mukherjee
2021- 2022	Individual Counselling Session-	11.04.22	8	Mrs. Anindita Mukherjee
2021- 2022	Individual Counselling Session- 2	18.04.22	8	Mrs. Anindita Mukherjee
2021- 2022	Individual Counselling Session-	25.04.22	7	Mrs. Anindita Mukherjee
2021- 2022	Individual Counselling Session-4	10.05.22	7	Mrs. Anindita Mukherjee
2021- 2022	Individual Counselling Session-5	24.05.22	6	Mrs. Anindita Mukherjee

2022- 2023	FDP on Understanding Mental Health	13.06.22 - 20.06.22	Faculty: 55	MON Foundation, Kolkata
2022- 2023	Individual Counselling Session-	26.09.22	7	Mrs. Anindita Mukherjee
2022- 2023	Individual Counselling Session- 2	02.11.22	7	Mrs. AninditaMukherjee
2022- 2023	Individual Counselling Session-	09.11.22	5	Mrs. Anindita Mukherjee
2022- 2023	Individual Counselling Session-4	11.11.22	6	Mrs. Anindita Mukherjee
2022- 2023	Group Counselling Session – 1 – Personal Space and Boundaries	16.12.22	Teacher Participants – 11, Student Participants – 176	Mrs. Anindita Mukherjee
2022- 2023	Seminar – 'Tryst with Music Therapy'	18.03.23	Teacher Participants - 36, Student Participants - 107	Ms. RitwikaBasu and Mr.NilansukDutta
2022- 2023	Guidance and Counselling Skill Practise for Mentors	20.03.23	Teacher Participants - 43	Mrs. Anindita Mukherjee
2022- 2023	Individual Counselling Session- 5	06.04.23	6	Mrs. Anindita Mukherjee
2022- 2023	Individual Counselling Session-6	10.04.23	4	Mrs. Anindita Mukherjee
2022- 2023	Individual Counselling Session-	27.04.23	5	Mrs. Anindita Mukherjee
2022- 2023	Individual Counselling Session-8	16.05.23	5	Mrs. Anindita Mukherjee
2018-		March 2018 to June		
2019	Gymnasium, RPMC	2019	Female: 5, Male:8	Souvik Bose (Mob No: 8240098053)

2019- 2020	Gymnasium, RPMC	July 2019 to June 2020	Female: 16, Male 21	Souvik Bose (Mob No: 8240098053) & Puja Shaw (Mob No: 9875438053)
2020- 2021	Gymnasium, RPMC	Pandemic Period		
2021- 2022	Gymnasium, RPMC	November 2021to June 2022	Female: 9, Male 16	Souvik Bose (Mob No: 8240098053) & Puja Shaw (Mob No: 9875438053)
2021- 2022	Workshop titled "Fitness in the post Covid era" on	15 th March, 2022	126	Mr Arup Biswas, Consultant Physiotherapist, Howrah District Hospital
2022- 2023	Gymnasium, RPMC	July 2022 to June 2022	Female: 10, Male: 27	Souvik Bose (Mob No: 8240098053) & Puja Shaw (Mob No: 9875438053)
2021- 2022	Beauty Care and Artistry Makeup(Self Employment)	16th May to 27th May 2022	49	Rupasi Beautician Centre, Hooghly
2022- 2023	Beauty Care and Artistry Makeup(Self Employment)	3rd December2022 to 25th February 2023	12	Rupasi Beautician Centre, Hooghly
2022- 2023	Handicraft and Jwellery Designing(Self Employment)	14th January 2023 to 13th May 2023	16	RamdhanuArt and Crafts School, Hooghly
2022- 2023	Mushroom Cultivation(Self Employment)	June 2023 till date	8	Department of Botany, Raja Peary Mohan College
2022- 2023	Vermi- Composting(Self Employment)	June 2022 till date	6	APC Roy Eco Club, Raja Peary Mohan College
2021- 2022	A Webinar on "Start Up – Journey to Unicorn"(entrepreneurial skills)	07-06-2022	200	Institute of Chartered Accountants of India (ICAI)
2022- 2023	New Vistas in Entrepreneurship(entrepreneuria l skills)	27-09-2022	156	Dr Sarmistha Banerjee, Professor in Buisness Management, University of Calcutta
2022- 2023	Managing Career Choices in VUCA (Volatile, Uncertain, Complex and Ambiguous) World(entrepreneurial skills)	07-12-2022	215	Mr Zulfi Ali Bhutto, Buisness Head Channel Strategy and Development: India and SAARC Region

2022- 2023	Does Management Study Help to Strengthen Entrepreneurship and Unicornship?(entrepreneurial skills)	27-03-2023	169	MCKV Institute of Engineering
2022- 2023	Start-Ups: Oppurtunities and Challenges for the Young Entrepreneurs(entrepreneurial skills)	02-05-2023	122	Dr Bappaditya Biswas, University of Calcutta
2022- 2023	Designing an Entrepreneurial Venture(entrepreneurial skills)	18-05-2023	92	Dr. Pinaki De,Raja Peary Mohan College
		4. Awareness of tr	ends in Technology	
2021-2022	Computer Foundation for Professional Advancement	1 st April 2022 to 4 th June 2022	88	Department of Computer Science,Raja Peary Mohan College
2021-2022	Accounting Software and e-filing of Tax return	3 rd April 2022 to 18 th July 2022	66	ICA, Sreerampore, Hooghly
2021-2022	C Programming: Mathematical Computing and Beyond	1 st April, 2022to 28 th May, 2022	16	Department of Mathematics, Raja Peary Mohan College
2022-2023	Advanced Course on MS- Office and Networking	1 st April 2023 to 4 th June 2023	64	Department of Computer Science,Raja Peary Mohan College
2022-2023	Computer Foundation for Professional Advancement	31 st March 2023 to 8 th June 2023	74	Department of Computer Science,Raja Peary Mohan College
2022-2023	Sage Math and its Applications	8 th April 2023	15	Department of Mathematics, Raja Peary Mohan College
2022-2023	C Programming: Mathematical Computing and Beyond	to 10 th June 2023 27 th March 2023 to 6 th June 2023	16	Department of Mathematics,Raja Peary Mohan College
2022-2023	Accounting Software and e-filing of Tax return	20 th March 2023to 4th August 2023	35	ICA, Sreerampore, Hooghly
2022-2023	Digital Marketing	25 th February 2023 to 4 th August 2023	174	Department of Commerce, Raja Peary Mohan College
2022-2023	Basic Computational Tools for Scientific Applications	5 th April 2023 to 30th June 2023	27	Department of Physics, Raja Peary Mohan College